



# Free from Menu

(Gluten & Dairy Free)

## Starters

### **Soup**

Jerusalem Artichoke, Artichoke Crisps, Truffle Oil

### **Terrine**

Smoked Chicken, Poached Pears, Chestnuts, Rhubarb

### **Beetroot**

Three Ways, Walnut Crumb, Pomegranate, Watercress

## Mains

### **Duo of Beef**

Rump & Blade, Lyonnaise Potatoes, Rainbow Carrots, Curly Kale,  
Thyme Jus

### **Lamb**

Roast Cornish Chump, Confit Potato, Vegetable Arabesque,  
Baby Leaf Spinach, Cumin & Chilli Oil

### **Sea Bass**

Pan seared, Lemon Grass, King Prawns, Vermicelli Noodles, Pak Choi  
Bean Sprouts

## Desserts

### **Pineapple**

Caramelized, Coconut & Lime Sorbet, Rum Jus

### **Sorbets**

Selection of home made

Nuthurst Grange Lane, Hockley Heath, Solihull – B94 5NL

To book telephone: 01564 783 972 & select option 1

or email: [info@nuthurst-grange.co.uk](mailto:info@nuthurst-grange.co.uk)